

# SCALEUP PIANO

## PROGRESS TRACKER



MY NAME: \_\_\_\_\_

### HOW TO GET BETTER - AND FAST!

#### Follow these steps

- 1 Play my favourite piece once for fun
- 2 Practice the scale of the week – fill in the Roadrunner sheet
- 3 Go to the Dreamland webpage and enjoy improvising on the scale of the week
- 4 Practice the hard parts of my new piece until they are really good – SLOW DOWN
- 5 Play my three best pieces and just enjoy them.

Write in how many minutes you practiced each day

MY DAILY GOAL IS \_\_\_\_\_

MY WEEKLY GOAL IS \_\_\_\_\_

Week	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Weekly total
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								

  
Blutak this  
sheet near  
your piano

My three best pieces are

\_\_\_\_\_

*"the more I play, the easier it gets" Hamish (10 year old)*